

- Product Name – [Vitaslimex Germany](#)
- Composition – Natural Organic Compound
- Side-Effects – NA
- Availability – [Online \(Exclusive Offers on Official Website\)](#)
- Rating - [★★★★★](#)
- Where To Buy- [Official Website](#)

What Is Vitaslimex Germany?

[Vitaslimex Germany](#) is a dietary supplement in capsule form designed for adults who want to support their metabolism, energy, and weight-management routine. It is marketed as a simple daily formula that can be combined with balanced nutrition and regular physical activity. The current product information describes [Vitaslimex](#) as vegan, gluten-free, and non-GMO, with a formula based on plant extracts and selected micronutrients.

Vitaslimex is not a medicine or a replacement for a healthy lifestyle. Its purpose is to complement everyday nutritional and wellness habits.

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What Is Vitaslimex?

[Vitaslimex](#) is presented as a once-daily food supplement intended to fit easily into a normal routine. Instead of requiring powders, drinks, or several doses throughout the day, the product is designed around one plant-based capsule.

The formula combines apple cider vinegar powder, green tea extract, barberry extract containing berberine, chromium, and vitamin B12. The manufacturer highlights these ingredients for their potential roles in metabolism, energy, and appetite-related routines.

The product website also emphasizes that Vitaslimex should be used alongside varied eating, physical activity, and healthy sleep rather than being treated as a standalone weight-loss solution.

What Ingredients Does Vitaslimex Contain?

One of the main features of [Vitaslimex](#) is its combination of botanical ingredients and micronutrients.

Apple Cider Vinegar

Apple cider vinegar powder is included as one of the primary ingredients. According to the product information, the formula contains 500 mg of apple cider vinegar powder per capsule. Using the powdered form allows it to be incorporated into a capsule without the strong taste associated with liquid vinegar.

Apple cider vinegar has become a popular ingredient in wellness and nutrition products and is commonly associated with digestive and weight-management routines.

Green Tea Extract

Green tea extract is another component of Vitaslimex. The current product information lists 200 mg of green tea extract standardized to 50% EGCG. EGCG is one of the naturally occurring catechins found in green tea.

Green tea extracts are frequently included in metabolism-focused supplements, although their presence does not guarantee a specific amount of weight loss.

Berberine

The formula also contains barberry extract standardized to 97% berberine. The listed daily amount is 100 mg of barberry extract. Berberine is a naturally occurring plant compound that has attracted scientific interest because of its relationship with metabolic processes.

Because berberine may interact with certain medications, anyone taking prescription medicines should consult a healthcare professional before using a supplement containing it.

Chromium

Vitaslimex contains chromium picolinate at 40 micrograms per daily capsule, according to the current formula information. Chromium is an essential trace mineral and has recognized nutritional functions. The product website states that chromium contributes to normal macronutrient metabolism and the maintenance of normal blood glucose levels.

Vitamin B12

Vitamin B12 is included in the formula in the methylcobalamin form. The listed amount is 2.5 micrograms per capsule. Vitamin B12 contributes to normal energy-yielding metabolism and the reduction of tiredness and fatigue.

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The advertisement for Vitaslimex features a woman's 'before and after' photos, a list of benefits, and images of the product bottles. The text is in German.

vitaslimex ACTIVATED FORMULA

STOFFWECHSEL IN BALANCE. FÜHLE DICH LEICHTER. LEBE BESSER.

UNTERSTÜTZT DEINEN KÖRPER – JEDEN TAG

- UNTERSTÜTZT DIE FETTVERBRENNUNG*
- FÖRdert EINE GESUNDE VERDAUUNG*
- STEIGERT ENERGIE & VITALITÄT*
- UNTERSTÜTZT DAS GEWICHTSMANAGEMENT*
- WISSENSCHAFTLICH ENTWICKELTE FORMEL

VORHER NACHHER

ECHE MENSCHEN. ECHE ERGEBNISSE.

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DEINE GESUNDHEIT. UNSERE MISSION.

JETZT ERHÄLTICH IN FOLGENDEN LÄNDERN:

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- BELGIEN
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- SCHWEIZ

How Does Vitaslimex Work?

[Vitaslimex](#) is marketed as nutritional support rather than a direct treatment for excess weight. Its ingredients have different roles within the overall formula.

Chromium and vitamin B12 provide recognized nutritional functions, while apple cider vinegar, green tea extract, and berberine are plant-derived components selected for their potential relevance to metabolism and general wellness.

The product's intended role is therefore best understood as supporting a healthy routine. It cannot replace appropriate calorie intake, nutritious meals, exercise, sleep, or professional healthcare.

Individual responses to dietary supplements can also vary. Some people may notice no obvious change, while others may find that a structured daily routine helps them stay consistent with their broader wellness goals.

How Should Vitaslimex Be Taken?

The current product information recommends taking one capsule daily with a large glass of water, preferably in the morning and with a meal. A bottle containing 30 capsules is intended to provide approximately one month of use.

Consistency is more important than taking extra capsules. If a dose is missed, users should follow the product label rather than doubling the next dose.

For best overall results, Vitaslimex is intended to be combined with healthy eating and regular movement.

Potential Benefits of Vitaslimex

[Vitaslimex](#) is marketed around several areas of everyday wellness.

Metabolism support: The formula includes chromium, which contributes to normal macronutrient metabolism.

Energy support: Vitamin B12 contributes to normal energy-yielding metabolism and the reduction of tiredness and fatigue.

Weight-management routine: The combination of plant extracts and micronutrients is positioned as support for people working toward weight-management goals.

Convenience: One capsule per day makes the product relatively simple to incorporate into an existing routine.

Plant-based formulation: The manufacturer describes the capsule as vegan and the product as gluten-free and non-GMO.

These are product features and nutritional roles, not guarantees that every user will experience weight loss or other specific results.

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Can Vitaslimex Replace Diet and Exercise?

No. [Vitaslimex](#) is intended to complement a healthy lifestyle.

A sensible weight-management routine generally includes balanced meals, appropriate portion sizes, regular physical activity, adequate sleep, and consistency over time. A supplement can be added to such a routine, but it should not be considered a shortcut.

The manufacturer itself states that Vitaslimex does not replace varied eating, physical activity, or healthy sleep.



VITASLIMEX®

Metabolic Balance

Chrom + 10 Pflanzenstoffe · 1 Kapsel täglich
47 % Rabatt-Aktion · Gratisversand

vitaslimex.online

Is Vitaslimex Safe?

As with any dietary supplement, individual tolerance can vary. People who are sensitive to concentrated botanical extracts may experience digestive discomfort or other reactions.

The product information specifically advises consulting a doctor before use if you take medication, have an existing medical condition, are pregnant, or are breastfeeding. It is also not recommended for people under 18.

This is particularly relevant because ingredients such as berberine and concentrated green tea extract may not be appropriate for everyone.

Where Is Vitaslimex Made?

The current product information states that [Vitaslimex](https://vitaslimex.online) is manufactured within the European Union and follows GMP standards. The product website also describes the extracts as standardized, which is intended to provide consistency in the quantities of selected active compounds.

However, consumers should always check the current packaging and official product information because formulations, manufacturers, and commercial terms can change.

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Final Thoughts

[Vitaslimex Germany](#) is a daily dietary supplement aimed at adults interested in metabolism, energy, and weight-management support. Its formula combines apple cider vinegar powder, green tea extract, barberry extract containing berberine, chromium, and vitamin B12.

Its main appeal is simplicity: one capsule can be incorporated into a daily routine without preparing drinks or following a complicated schedule. Nevertheless, Vitaslimex should be viewed as a supplement rather than a miracle weight-loss product.

Official Website:

<https://trustedhealthmart.com/vitaslimex/>

FACEBOOK:

<https://www.facebook.com/VitaslimexGermany/>

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